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The Florida Bar Young Lawyers Division Law School Affiliate 2020 Health & Wellness Grant Application
July 29, 2020 7:48 pm
Safari 13.1.1 / OS X
76.235.212.38
641154418

Deadline August 3, 2020

Name of Law School Affiliate	Loren Shalom
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Individual Contact Name	Loren Shalom
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Contact Email	ls2337@mynsu.nova.edu
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Contact Address (the address where The Florida Bar will send your Grant Award)	3305 College Avenue fort lauderdale, FL 33314
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Proposed Date of Project	Oct 01, 1970
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Proposed Location of Project	3305 College Avenue fort lauderdale, FL 33314
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Expected Number of Students Attending	30
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Description/Agenda (Please include a brief description/agenda for your event)	This event will be a hands-on approach when it comes to dealing with mental health by utilizing yoga with goats as a way for all students to de-stress, especially 1L's as memo season approaches. This event will allow students to also be able to use the time to socialize with other students. Just as the YLD had breaking the stigma with mental health and the legal career, we want to encourage each student at NSU Shepard Broad College of Law to make their mental health a top priority especially during this new "normal"., and we hope to provide an avenue and all resources for all students to know who to reach out to during this time as well as unite all students to show them we are all going through this together.
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Describe how you will recognize The Florida Bar YLD for its support of your event	We will present the information The Florida Bar YLD has to offer for every student regarding who to reach out to now if they are ever experiencing any mental health concerns as well as the people willing to help once they begin their careers. We also hope to utilize the programs our school has to offer to be able to set up each student for success now and in the future.
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Budget	https://s3.amazonaws.com/files.formstack.com/uploads/3943241/94732189/641154418/94732189_health_wellness_event_budget.xlsx
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Signature of the LSL Law School Administrator	
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